APPOINTMENTS.

MATRON.

Mile End Infirmary, Bancroft Road, E.I.—Miss Flora E. Griggs has been appointed Matron. She was trained at St. Pancras Infirmary, and has held the positions of Home Sister at the Holborn Infirmary, Assistant Matron at the Mile End Infirmary, and Acting Matron at the Mile End Infirmary.

Royal Chest Hospital, City Road, E.C.—Miss Ethel Royal Chest Hospital, City Road, E.C.—MISS Etnei M. Willis has been appointed Matron. She was trained at the Royal Free Hospital, Gray's Inn Road, W.C., and has held the position of Casualty and Home Sister at King Edward VII Hospital, Windsor, Outpatient Sister at the Royal Free Hospital, Matron Federated Malay States War Hospital, Kimpton, and Sister Tutor at the Royal Free Hospital.

Lenham Sanatoriun.-Miss H. Deakin has been appointed Matron. She was trained at the General Infirmary Leeds, and subsequently held the position of Sister in that institution. She was then Assistant Matron at the Royal Infirmary, Bradford, and after-Matton at the Royal Innimary, Bradford, and afterwards at the General Infirmary, Leeds, and successively Matron of the Royal Hospital, Portsmouth, Bethlem Royal Hospital, London, Masince Hospital, Bombay, the Infirmary and Dispensary, Warrington, and is at present Matron of the Kelling Open Air Sanatorium, Holt, Norfolk.

Infectious Diseases Hospital, Bath.—Miss H. Arthur has been appointed Matron. She was trained at the Chelsea Infirmary, Cale Street, London, and has been Charge Nurse, Day Sister and Assistant Matron at the Isolation Hospital, Southampton,

ASSISTANT MATRON,

Mile End Infirmary, Bancroft Road, E.I.—Miss E. B. Shields has been appointed Assistant Matron. She was trained at the Newcastle-on-Tyne Infirmary, and has held the position of Theatre Sister at the Mile End Military Hospital, and of Ward Sister at the Mile End Infirmary.

HEALTH VISITOR.

Borough of Hornsey.—Miss L. E. Snape has been appointed Health Visitor. She was trained at the Northern Hospital, Liverpool, and has held an appointment as Health Visitor under the Leicestershire County Council.

WHICH ARE YOU?

There are two kinds of people on earth to-day, Just two kinds of people; no more, I say.

Not the sinner and saint, for 'tis well understood

The good are half bad, and the bad are half good.

Not the rich and the poor, for to count a man's wealth,

You must first know the state of his conscience and

Nor the humble and proud, for in life's little span, Who puts on vain airs is not counted a man. Not the happy and sad, for the swift flying years Bring each man his laughter and each man his tears. No; the two kinds of people on earth I mean Are the people who lift, and the people who lean. Wherever you go, you will find the world's masses Are always divided in just these two classes. And oddly enough, you will find, too, I wean, There is only one lifter to twenty who lean. In which class are you? Are you easing the load Of over-taxed lifters who toil down the road? Or are you a leaner, who lets others bear Your portion of labour and worry and care? -Una.

THE BRITISH RED CROSS SOCIETY. PETITION FOR A SUPPLEMENTAL CHARTER.

The British Red Cross Society has petitioned the King's Most Excellent Majesty in Council to grant to the Corporation a supplemental Charter, so as to authorise it to extend the area of its operations, so as to include in its objects and purposes the improvement of health, the prevention of disease, and the mitigation of suffering throughout the world, and to provide for the better management of its affairs." Notice is given in the Notice is given in the London Gazette that His Majesty, having referred the said Petition to a Committee of the Lords of the Council, all petitions for or against such grant should be delivered at the Privy Council Office on or before August 16th, 1919.

Copies of the Petition and of the draft Supplemental Charter may be obtained from Messrs. Charles Russell & Co., 37, Norfolk Street, Strand, W.C. 2 (price 2s.).

· POWERS SOUGHT.

The following are the powers sought for "(A) power to organise examinations and to issue certificates in respect of such examinations, and (B) power to affiliate to the said Society any society or organisation which is carrying on in any part of the world work similar to any work for the time being carried on by the said Society, or any local branch of such society or organisation, and to enrol members of such Society or organisation as subscribing, guaranteeing or honorary members or associates according to the Rules (C), power from time to time to accept as a branch of the said Society, any society or organisation, or any local branch thereof which the said Society has power to affiiliate under Sub-Clause (B) of this clause."

The Council of the Society is to consist of fifty members at the most, and ten members at the least, exclusive in either case of members of the Royal Family, the Chairman, and Vice-Chairmen.

NURSES AND SANATORIA.

REFORM URGENTLY REQUIRED.

A Sister, who has been under treatment in more than one Sanatorium for some months, where she made very little progress towards recovery, and who has now decided to lead the "simple life," based on common sense, writes of her experience as a patient:-

" Although I am very disappointed, I am not surprised, as I consider the method of treatment not only unsuitable, but ludicrous. The doctor himself said to one of the patients last week that the sanatorium was merely a sort of school to teach people how to live; but I should never dream—if I were trying to get well—of living as I have done in the sanatorium. I should never make my bed immediately, or almost immediately, I had got out of it; and then, after tidying up the washstand, go for a bucket of water and a

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